

Sunday. 7:00 - 8:30 pm NA

BASICS

Closed; Non-Smoking
Fellowship Hall
703 West Center St
Rochester, MN

Monday. 7:00 - 8:00 pm

DAY BY DAY

Handicap accessible;
Open; Non-Smoking
Peace United Church
1503 2nd AV NE Rochester, MN

"I Can't. We Can."

**The therapeutic value of one addict
helping another is
without parallel."**

**Tuesday. 8:00 - 9:00 pm SWEET
SURRENDER at The Coop**

Open; Non-Smoking
First Presbyterian Church - West Entrance
512 3rd Street SW
Rochester, MN

**Tuesday. 8:00 - 9:30 pm
KASSON NA AWARENESS**

Closed; Non-Smoking
St. Johns Lutheran Church
Kasson, MN

**Wednesday. 7:30 - 8:30 pm
PRIMARY PURPOSE**

Handicap accessible; Closed; Non-Smoking
Calvary Episcopal Church
111 3rd Ave SW
Rochester, MN

**Thursday. 8:00 - 9:00 pm
LIFE BOAT at The Coop**

Open; Non-Smoking
First Presbyterian Church - West Entrance
512 3rd Street SW
Rochester, MN

**Friday. 8:00 - 9:30 pm NA
AWARENESS at The Coop**

Open; Non-Smoking
First Presbyterian Church - West Entrance
512 3rd Street SW
Rochester, MN

Saturday. 11:00 am - Noon

KINDRED SPIRITS
Handicap accessible;
Closed; Non-Smoking
Peace United Church
1503 2nd AV NE
Rochester, MN

**1st Saturday of each month Potluck -
6:30 pm/ Speaker -7:30 SATURDAY
NITE SPEAKER MTG.**

Open; Non-Smoking
Peace United Church
1503 2nd AV NE
Rochester, MN

**4th Saturday of each month. 7:00 pm
FREEDOM CELEBRATION**

Open; Non-Smoking
Salvation Army
21 1st Avenue NE
Rochester, MN

**Phone Numbers of
Recovering People:**

***"My Gratitude Speaks
when I care and when I share,
with others the NA way,***

***So that no addict seeking
Recovery, need ever die
From the horrors of addiction."***

**Local 24 hour Helpline:
(507)281-2227**

**Toil-Free State-wide Helpline: 1-
877-767-7676**

www.naminnnesota.org

The 12 Steps of Narcotics Anonymous

1. We admitted we were powerless over our addiction & our lives had become unmanageable.
2. We came to believe a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood him.
4. We made a searching & fearless inventory.
5. We admitted to God, ourselves and to another human being, the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked him to remove all these defects of character.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people whenever possible except when to do so would harm them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts & practice these principles in all our affairs.

**OPEN DOOR OF
SOUTHEAST MINNESOTA**

MEETING LIST



Revised: February, 2006